



FALLING THROUGH THE CRACKS:

Identifying Seniors at Risk For Falls through the Implementation of a Fall Risk Screening and Conditioning Program

Wednesday, September 25, 2019



Each year, millions of older adults fall. However, falls aren't something that just happens when you age, there are proven ways to reduce falls. At the conclusion of this presentation, participants will be able to:

- ◆ Identify at least three (3) impairments that contribute to falls in the senior population.
- ◆ Recognize the importance of implementing a Fall Risk Screening and Conditioning Program.
- ◆ Describe the impact of falls among older Ohioans.
- ◆ Describe Ohio's network and plan for implementing evidence based fall prevention programming.
- ◆ Identify the four (4) major components of the Fall Risk Screen.
- ◆ Identify at least two (2) major exercises or activities considered part of a Conditioning Program.
- ◆ Identify two(2) ways to market a Fall Risk Screening and Conditioning Program.
- ◆ Demonstrate how to administer at least one (1) assessment in a Fall Risk Assessment.

Symposium Agenda

7:30 am – 8:15 am
Check-In/Breakfast

8:15 am – 10:30 am
Falling Through the Cracks:
Identifying Seniors at Risk for Falls through the Implementation of a Fall Risk Screening and Conditioning Program

10:30 am – 10:45 am
Break

10:45 am – 11:30 am
Workshop:
Hands on practice with Fall Risk Assessments

11:30 am – 11:40 am
Review and Q & A Session

11:40 am – 11:45 am
Evaluations

Meet our Presenters:

David Wilcox, OTR/L

Clinical Educator, Biodex

With 20 years experience in the field of Occupational Therapy, David has extensive experience in treating the geriatric population, and in performing environmental assessments to help prevent or reduce falls in the home.

Elizabeth Fries, Deputy Director of Health Promotion and Planning
Union County Health Department

Currently the Chair of the Ohio Older Adult Falls Prevention Coalition, Liz has 13 years working with a local health department in injury prevention. She developed a comprehensive falls prevention program that was recognized as a 2015 Model Practice by NACCHO.

Dr. Kristen Finley Sobota, Professor of Pharmacy Practice
Ohio Northern University (ONU)
Raabe College of Pharmacy

Finley Sobota is a board-certified pharmacotherapy specialist (BCPS) and board-certified geriatric pharmacist (BCGP). She has numerous certifications from the American Pharmacists Association (APhA), including medication therapy management (MTM), immunizations, lipids and diabetes. She is the current co-advisor of the student organization, American Society of Consulting Pharmacists (ASCP).

Continuing Education Credit:

This event will provide 3.0 clock hours. Criteria for completion- attendance at entire event.

Physical Therapy- Hours have been approved for OH and MI.

Occupational Therapy- Hours have been approved for OH.

Licensed Social Worker- Hours have been approved for OH.

Nursing - May use above for contact hours.

Symposium Location:

SUNSET VILLAGE

9640 Sylvania-Metamora Road

Sylvania, OH 43560

PH: 419-724-1200

Please park on the North side of the building, and enter through the Rehab entrance.

TO REGISTER: Visit on-line at www.sunset-communities.org/symposium.

Fee for this 3 hr. CE Symposium is \$25.00. Breakfast included.

Questions: Please contact young@sunset-communities.org or 419-724-1225, ext. 2305

PRESENTED IN PARTNERSHIP WITH:

