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Southington Care Center and Jerome Home offers Biodex Balance Screening

by Jerome Home and Arbor Rose on Wednesday, June 29, 2011 at 7:58am



The Biodex Balance System at Southington Care Center and Jerome Home is making a world of difference. "Challenging and effective", that's what patients are saying about the expanded Balance Testing and Training Program at Southington Care Center and Jerome Home.

The program, built around the innovative Biodex Balance System, can be used for fall screenings in older adults, as well as testing and treatment of post-surgical and neurologically impaired patients. Post-surgical patients can objectively "track" progress and speed recovery time and the program can also act as an objective evaluation of patients after an injury.

The Biodex program can help determine who is at risk of falling by identifying "risk factors" in just a few minutes. Results are displayed on the large color screen for instant biofeedback as well as printed for "tracking" and insurance reimbursement. The system compares your results to stored normative data or to previous tests. If a patient is found to be at risk of falling, a series of suggested interventions can be offered.

Free Biodex balance screenings are offered at Southington Care Center and Jerome Home, by appointment only. Southington Care Center is located at 45 Meriden Avenue in Southington and can be contacted at 860-621-1234. Jerome Home Rehabilitation is located at 975 Corbin Avenue in New Britain and can be contacted at 860-356-8233.

Southington Care Center and Jerome Home offer skilled nursing and rehabilitation services and are not for profit members of Central Connecticut Senior Health Services.

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