



# The Facts: Safe Patient HANDLING & MOBILITY

The healthcare industry is beginning to accept the reality that manually lifting patients is a high-risk activity for both healthcare worker and patient. Research supports using equipment for not only safety, but faster patient recovery.



## 23,000

lost-time cases of work-related pain are reported yearly in healthcare.<sup>1</sup>

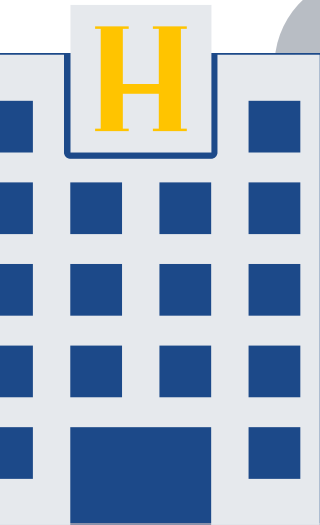
## ↑44%

of cases are from healthcare support occupations such as nurses & aids.<sup>1</sup>



## Safe Patient Handling Programs

have shown success in decreasing incidence of injury for both nurses and patients.<sup>2</sup>



## \$45-\$54 billion

Annual impact of work-related MSDs<sup>3</sup>



## According to OSHA<sup>4</sup>...



Manual lifting techniques alone are not effective in reducing staff or patient injury.



Patients feel more comfortable and secure when a mechanical device is used.

Patient handling equipment & devices can help prevent patient falls, bruises and skin tears.



Investment in SPH policies and equipment can be recovered in 2 to 5 years.



## 11 states

have enacted safe patient handling laws, and more SPH legislation has been introduced at the federal and state levels.<sup>5</sup>



For more information on Safe Patient Handling and Mobility solutions, visit: [www.biodex.com/sphm](http://www.biodex.com/sphm)

1 ANA. Implementation Guide to the Safe Patient Handling and Mobility Interprofessional Standards  
2 Am J Occup Ther. 2013 Jan-Feb;67(1):45-53. doi: 10.5014/ajot.2013.005389  
3 CDC, Work-Related Musculoskeletal Disorders & Ergonomics. Accessed Aug 2017  
4 OSHA Safe Patient Handling: Busting the Myths. Accessed Aug 2017  
5 NIOSH Safe Patient Handling & Mobility. Accessed Aug 2017



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