Add Play to Balance Exercises

Gaming options to stimulate and motivate postural improvements.

www.biodex.com/software/games
Games for Balance

It’s not all fun and games. We take balance seriously… shouldn’t you?

Biodex balance technology gives you more for your investment – tracking balance progress and quantifying outcome.

Interactive Training for Biodex Balance Devices

Add greater challenge to gameplay using the unstable foam surface on the BioSway’s static platform. Or, take balance training to a whole new level with the dynamic platform of the Balance System SD.

DUAL TASK = COGNITIVE + MOTOR

Reduce fall risk with dual tasking that challenges motor and cognitive function to improve gross motor performance.

Ball Maze

Use gravity to move a ball through the maze while training degree of sway. As patient’s weight shifts on the platform, the 3D maze tilts in the same direction.

- Customize difficulty by adjusting gravity strength and maze level.
- Timed trials show improvement as they work to beat their time, or another patient’s!

Word Search

Highlight hidden words on the screen by shifting weight on the platform.

- Generate puzzles based on number of words, word length and grid size.
- Highlighting words trains balance control in varying planes.

Catch Game

Move the avatar with weight shifts to catch the digital ball. Patients train with random throws, or in a pattern to enhance motor control.

- Encourage patient to extend beyond their base of support.
- Motor control trial can spark friendly patient competitions.

Recovery Rapids COMING SOON

Patients navigate down a river and avoid obstacles while practicing weight shifting and reaction time. Aquatic fun for every season!

Balance software 4.0.10 or higher required. Complimentary upgrades and individual game downloads available.

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