Add Play to Balance Exercises

Gaming options to stimulate and motivate postural improvements.

www.biodex.com/games
Think games are just child’s play? Think again.
Games are increasingly used in rehab therapy as an interactive way to motivate patients of all ages, and drive better outcomes. Now, single- and dual-task gaming options for Biodex balance technology help you maximize patient benefits.

**Interactive Training for Biodex Balance Devices**
Add greater challenge to gameplay using the unstable foam surface on the BioSway’s static platform. Or, take balance training to a whole new level with the dynamic platform of the Balance System SD.

**SINGLE TASK = BALANCE CONTROL**
Focus on exercise that challenges balance control, while gaming encourages repetition and motor learning.

**Catch Game**
Move the avatar with weight shifts to catch the digital ball. Patients train with random throws, or in a pattern to enhance motor control.
Encourage patient to extend beyond their base of support. Motor control trial can spark friendly patient competitions.

**DUAL TASK = COGNITIVE + MOTOR**
Reduce fall risk with dual tasking that challenges motor and cognitive function to improve gross motor performance.

**Ball Maze**
Use gravity to move a ball through the maze while training degree of sway. As patient’s weight shifts on the platform, the 3D maze tilts in the same direction.
Customize difficulty by adjusting gravity strength and maze level. Timed trials show improvement as they work to beat their time.

**Word Search**
Highlight hidden words on the screen by shifting weight on the platform.
Generate puzzles based on number of words, word length and grid size.
Highlighting words trains balance control in varying planes.

**It’s not all fun and games. We take balance seriously… shouldn’t you?**
Biodex balance technology gives you more for your investment – tracking balance progress and quantifying outcome.

**Balance device owners can upgrade with FREE games software**
Balance Software v4.0.12 or higher and a 15.6” monitor are required. Individual game downloads available.
Step Up Your Balance Game
In partnership with Games That Move You, Biodex lets you take balance gaming to the next level with an exclusive edition of a rehab favorite.

- Encourage carryover of motor gains to daily activities
- Promotes high-repetition, massed practice
- Keep patients exercising
- Improve overall client satisfaction

Recovery Rapids
Looking to provide next-level patient engagement? Deliver high-repetition balance training with Recovery Rapids – a river rapids adventure game from Games That Move You. Power a boat downstream, steer around bends, collect items and avoid obstacles – all through weight-shifting on the Balance System SD or BioSway platform.

APPLICATIONS
Fall Risk Screening & Conditioning
Senior Rehab
Neurorehabilitation
Vestibular Disorders
Wellness
Sports Medicine/Orthopedic
Concussion Management

I’ve used the Balance System before. I’m no therapist so I don’t know about any of the therapeutic benefits, but it sure is more fun.”
– Marc, Patient

SPECIFICATIONS
- Compatible with Balance System™ SD and BioSway devices equipped with 15.6” Color Touchscreen and Windows 7/10 OS.
- Requires Balance software 4.0.12 or higher

950-451 Game, Recovery Rapids
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